

## GASSTON STABLES FORTHCOMING CLINICS & EVENTS 2019

PLEASE NOTE PAYMENT IN ADVANCE ONLY. NO BOOKINGS WILL BE SECURED WITHOUT FULL PAYMENT. ONCE BOOKING IS MADE, PAYMENT IS NON REFUNDABLE UNLESS SPACE IS FILLED.

- SATURDAY 16TH MARCH AT GASSTON STABLES **FULL**

SHOW JUMPING CLINIC

LIMITED SPACES, GROUPS OF 4, 60 MINUTE SESSIONS, £25 PER PERSON.

- SUNDAY 17<sup>TH</sup> MARCH AT GASSTON STABLES (10AM – 12 NOON)

CLEAR ROUND JUMPING

STARTING AT 60CM INCREASING THROUGHOUT THE MORNING. £5 PER ROUND. ROSETTES TO ALL CLEARS

- SUNDAY 17<sup>TH</sup> MARCH AT GASSTON STABLES - (TIMES AVAILABLE 12-5PM)

SHOW JUMPING ARENA HIRE

FULL SET OF SHOW JUMPS, OWN INSTRUCTOR WELCOME. £30 PER HORSE PER HOUR, ANY ADDITIONAL HORSE IN THE ARENA CHARGED AT £5 EXTRA. (E.G 2 HORSES COST £35 PER HOUR)

BOOKINGS IN ADVANCE ONLY.

- SUNDAY 17<sup>TH</sup> MARCH AT NORTH LODGE (12- 4PM)

FINAL SESSION OF POLE/GRID COURSE **FULL**

- SATURDAY 30<sup>TH</sup> MARCH AT GASSTON STABLES

ARENA EVENTING COURSE HIRE

FULL SET OF ARENA CROSS COUNTRY JUMPS AND SHOW JUMPS. OWN INSTRUCTOR WELCOME. £30 PER HORSE PER HOUR, ANY ADDITIONAL HORSE IN THE ARENA CHARGED AT £10 EXTRA. (E.G 2 HORSES COST £40 PER HOUR)

- FRIDAY 12<sup>TH</sup> APRIL AT GASSTON STABLES (5.30-6.30 AND 6.30-7.30)

EVENING XC CLINIC

LIMITED TO 8 SPACES GROUPS OF 4. GROUPED BY ABILITY, £35 PER PERSON INCLUSIVE OF COURSE HIRE FEE.

- SATURDAY 13<sup>TH</sup> APRIL AND SUNDAY 14<sup>TH</sup> APRIL AT GASSTON STABLES

ARENA EVENTING COURSE HIRE

FULL SET OF ARENA CROSS COUNTRY JUMPS AND SHOW JUMPS. OWN INSTRUCTOR WELCOME. £30 PER HORSE PER HOUR, ANY ADDITIONAL HORSE IN THE ARENA CHARGED AT £10 EXTRA. (E.G 2 HORSES COST £40 PER HOUR)

BOOKINGS IN ADVANCE ONLY.

- FRIDAY 19<sup>TH</sup> APRIL – 21<sup>ST</sup> APRIL – CAMP WEEKEND **FULL**

**SEE SEPARATE INFORMATION SHEET**

- WEDNESDAY 8<sup>TH</sup> MAY, WEDNESDAY 15<sup>TH</sup> MAY, WEDNESDAY 22<sup>ND</sup> MAY AND WEDNESDAY 5<sup>TH</sup> JUNE - AT NORTH LODGE

“MAY POLE WEDNESDAYS” – EVENING POLE CLINIC COURSE (5-8PM)

**A COURSE OF FOUR SESSIONS WITH POLE/ GRID EXERCISES TO IMPROVE THE HORSE AND RIDERS BALANCE RHYTHM AND FLEXIBILITY. 4 SESSION RUNNING THROUGHOUT MAY . £70 FOR THE COURSE OR £20 FOR INDIVIDUAL SESSIONS. PLEASE NOTE PRIORITY WILL BE GIVEN TO THOSE DOING THE FULL COURSE. 12 SPACES ONLY. COURSE ALWAYS OVER SUBSCRIBED SO FIRST COME- FIRST SERVED**

- THURSDAY 16<sup>TH</sup> MAY AT GASSTON STABLES (5.30-6.30 AND 6.30-7.30)

EVENING XC CLINIC

LIMITED TO 8 SPACES GROUPS OF 4. GROUPED BY ABILITY, £35 PER PERSON INCLUSIVE OF COURSE HIRE FEE

- SATURDAY 1<sup>ST</sup> JUNE - AT EAST BYSHEE (ON SURFACE)

SHOW JUMPING CLINIC

GROUPS OF 3/ 4, £30 PER PERSON, COURSE HIRE FEE WILL APPLY. LIMITED SPACES.

- SUNDAY 2<sup>ND</sup> JUNE - AT GASSTON STABLES (9-1PM)

CROSS COUNTRY CLINIC

GROUPS OF 4, £35 PER PERSON INCLUSIVE OF COURSE HIRE FEE.

LIMITED SPACES SO PLEASE BOOK IN ADVANCE

- SATURDAY 8<sup>TH</sup> JUNE – AT NORTH LODGE

GYMNASTIC JUMPING CLINIC

LIMITED SPACES, GROUPS OF 4, 60 MINUTE SESSIONS, £25 PER PERSON. FIRST COME, FIRST SERVED

- SATURDAY 15<sup>TH</sup> JUNE - AT NORTH LODGE

\*\*\*TRAINING DAY\*\*\*

DETAILS CAN BE FOUND ON SEPARATE SHEET. HOWEVER DAY WILL BE PACKED FULL OF LESSONS/ DEMOS/ HUMAN AND EQUINE PAMPERING/ AND WILL INCLUDE LUNCH

- SUNDAY 16<sup>TH</sup> JUNE –AT GASSTON STABLES

SHOW JUMPING ARENA HIRE

FULL SET OF SHOW JUMPS, OWN INSTRUCTOR WELCOME. £30 PER HORSE PER HOUR, ANY ADDITIONAL HORSE IN THE ARENA CHARGED AT £5 EXTRA. (E.G 2 HORSES COST £35 PER HOUR) BOOKINGS IN ADVANCE ONLY.

- WEDNESDAY 3<sup>RD</sup> JULY, WEDNESDAY 10<sup>TH</sup> JULY, WEDNESDAY 17<sup>TH</sup> JULY AND WEDNESDAY 24<sup>TH</sup> JULY - AT NORTH LODGE

“FIT FOR RIDING COURSE” – EVENING FITNESS COURSE (5-8 PM.)

**A COURSE OF FOUR SESSIONS WITH CORE AND BODY CONDITIONING EXERCISES TO IMPROVE THE HORSE AND RIDERS FITNESS, STAMINA AND FLEXIBILITY. 4 SESSION RUNNING THROUGHOUT JULY .**

£70 FOR THE COURSE OR £20 FOR INDIVIDUAL SESSIONS. PLEASE NOTE PRIORITY WILL BE GIVEN TO THOSE DOING THE FULL COURSE. COURSE ALWAYS OVER SUBSCRIBED SO FIRST COME- FIRST SERVED. THE COURSE IS FOR THOSE WANTING TO PUSH THEMSELVES AND BOOST THEIR PERFORMANCE, GREAT FOR ANY EVENTERS WANTING TO IMPROVE THEIR STAMINA ROUND THE XC COURSE. THE SESSIONS WILL LAST 45 MINUTES AND WILL BE INTENSIVE. 16 SPACES AVAILABLE.

- FRIDAY 5<sup>TH</sup> JULY AT GASSTON STABLES (5.30-6.30 AND 6.30-7.30)

EVENING XC CLINIC

LIMITED TO 8 SPACES GROUPS OF 4. GROUPED BY ABILITY, £35 PER PERSON INCLUSIVE OF COURSE HIRE FEE

SEPTEMBER 14<sup>TH</sup> – 15<sup>TH</sup> SEPTEMBER – CAMP WEEKEND

SEE SEPARATE INFORMATION SHEET

SATURDAY 21<sup>ST</sup> SEPTEMBER – YARD SUMMER PARTY - “GLASSTONBURY” CARNIVAL/FESTIVAL THEME! DETAILS TO BE CONFIRMED.